



**Institut Poeta Maragall**  
Barcelona

# **Institut Poeta Maragall**

Barcelona  
Spain



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# Peer tutoring

to reduce anti-social behaviours of  
adolescents i schools

## TEI program





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# TEI Program: an Introduction



The TEI is an peer-mediated strategy against bullying, to create an inclusive and non-violent school

Peer tutoring involves students serving as academic tutors and tutees. Typically, a higher performing student is paired with a lower performing student.

It involves the entire educational community

The program works with emotional competencies

It promotes social and academic development for both the tutor and tutee



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## Situation analysis



Bullies can be just about anyone in a school.  
There is not one stereotypical "bully."

Students that have low self-esteem

Students with dominant personalities

Peer pressure and the desire to fit in

Students without teacher and without staff support

The ages when students have more bullying are between 10  
and 12 years old



## Previous experiences

The TEI program began its development in 2002 and it has been implemented in many countries with good results.

It is based on three theoretical pillars:

- The theory of ecological systems of Urie Bronfenbrenner
  - Emotional education ideas from Peter Salovey i John Mayer, Daniel Goleman and Mayer, Salovey and David Caruso
  - Positive psychology of Seligman.
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- The strategy is supported by a strong research base



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## In Spain

In Spain his programme was introduced and adapted in 2003 by Andrés González Bellido.

- Since then, it has been implemented in more than 120 schools: primary, schools, secondary schools and special education centers
- Mainly in Catalonia.





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# Our project: Special traits and carrying it out



The third year ESO students (14 years) are tutors on a voluntary basis of the students who have just arrived at school (12 years).

The assignment of who will act as tutor and is also authorized to do so is the decision of the teaching team of the 3rd ESO level taking into account the characteristics of the third grade students and the reports of the first grade students.

There is information and consent of parents regarding the tutoring of their child.



# Follow-up meetings and peer tutoring

## Formal meetings

- Between the pairs of TEI students of 1st and 3rd of ESO: every term we will have meetings in which there have been dynamics, outings, ...
- Tutors and coordinator (psychologist): meetings once a term (three months) and whenever necessary
- With the parents of the students: meetings at the beginning of the school year

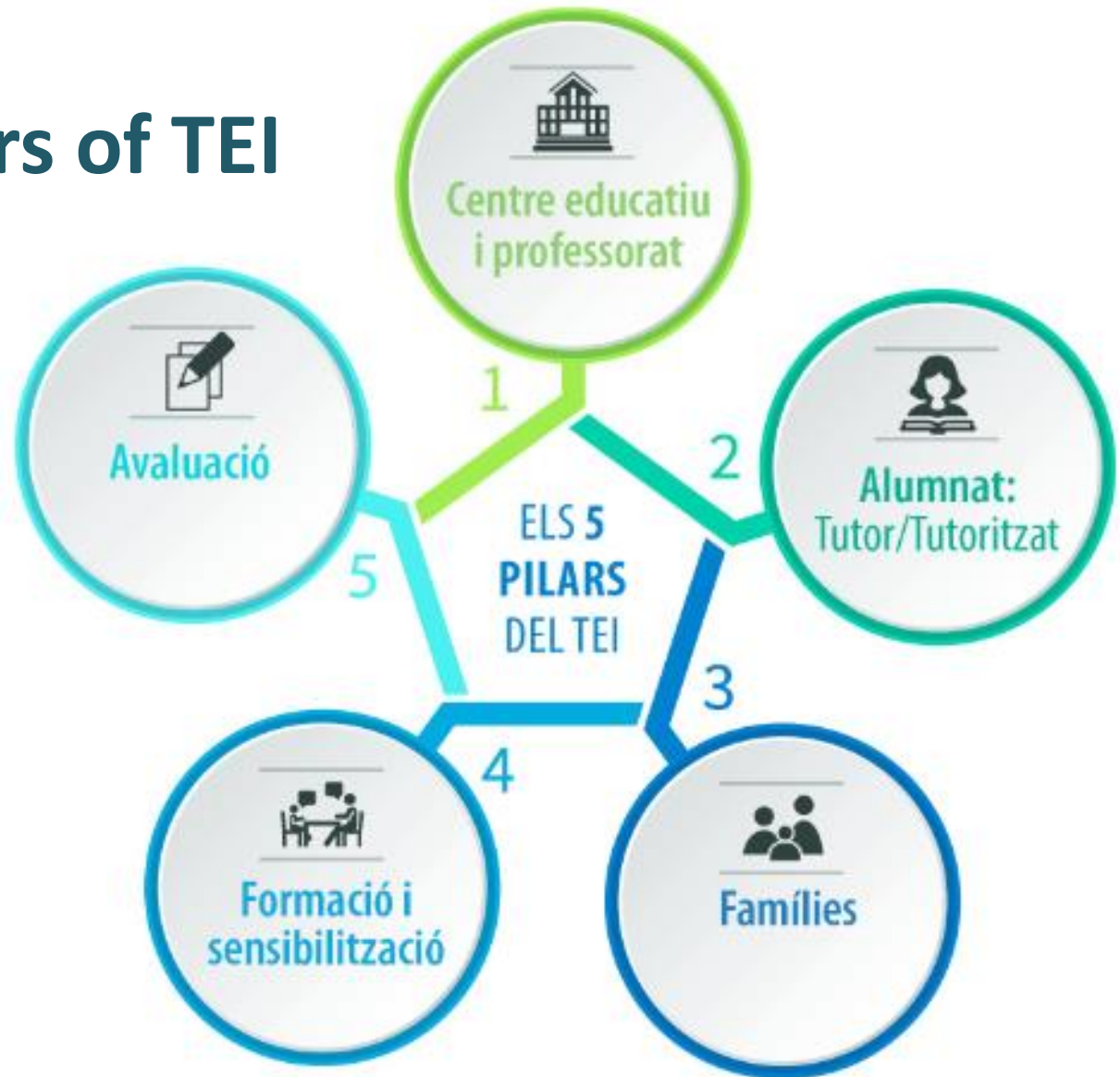
## Informal meetings

- This is the most important aspect of the project.
- TEI couples meet in non-teaching spaces and times (brake, before entering, exits, corridors, library, playground, ...)



# The five pillars of TEI

Organization,  
Structure and  
sequencing





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## School and teachers: teacher training



- Explaining the program to the headmaster and to the teachers
- Approval of the educational centre. Enabling human, economic and organizational resources
- Information, awareness-raising and training of the full the teachers and staff of the school: Training: 30 hours of attendance and 22 hours to adapt the program



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# Students: training tutor and tutored students

Information and raising awareness among students, both to 1st and 3d year (12 and 14 years old)

Training of tutors (14 years). They are volunteers

Deliver of tutor cards

Meeting of tutors and tutored students



# Families

- Informacion, sensibilitzation and training.
- Detection guidelines
- Intervention process





# Training and awareness-raising

## **Permanent formation of couples:**

- At least 7 sessions to work on group cohesion and to strengthen emotional bonds.

## **Continuous training of tutors and tutorized:**

- 9 tutorial sessions at least, to work about the topics of the TEI programme.

## **Permanent teacher training:**

- 3 sessions at least, about intervention strategies, analyzing situations and to evaluate.



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# Evaluation

- Evaluation of the students each three months
- Final evaluation: students and TEI team.

